



Family Medicine Frequently Asked Questions

Accreditation: Is your program accredited through ACGME? What is the status?	Yes, our Family Medicine Program has continued accreditation through the ACGME. We also have initial accreditation for Osteopathic recognition
History & Program Details: How many residents per year? What is the institution's bed size? Are there other residency programs at this site?	Our program takes 5 residents per year. University of Michigan Health-West has 208 beds. Our other programs are Emergency Medicine, Internal Medicine, General Surgery, Orthopaedic Surgery, OB/Gyn and Urology.
Board Scores: Does your program have board score requirements? Do you accept COMLEX or USMLE? Does your program offer a board review course during residency?	We suggest minimum board scores with a first-time pass. A score of 430 on COMLEX I and II and a first-time pass on the PE component. A score of ≥ 205 for USMLE Step I and USMLE Step II score of ≥ 220 . Any scores below the suggested minimum score or those who require multiple attempts to pass are looked at on a case-by-case basis.
Rotations: Does the program require that I rotate to get an interview? To Match? Are there audition opportunities available? Does the program accept VSAS applications or application independently?	It is not a requirement for a student to rotate for an interview or to match. Audition opportunities are available. We do not participate with VSAS. Audition requests will be taken mid-April with audition rotations beginning August 1. Auditions are on a first come, first serve basis, and are limited. We understand every school is different. Some are on a month schedule, some are on a 4-week block schedule, and some allow two-week rotations. We will work with you to arrange a schedule that works for both of us. Please see the link at the end of this form for an audition request.
Selection Process: How many applications? How many interviews? What are you looking for in an ideal candidate?	We typically receive between 100-150 Osteopathic and 250-300 Allopathic applications. All our positions are Osteopathically recognized thus MD candidates must meet our pre-requisite requirements. We interview 30-40 candidates. Ideal candidates will be professional, dependable, and work well with our current residents and faculty.
Matching: Is your program successful in filling all its positions through the match? Does your program participate in the couple's match? Where do your matched residents come from?	We generally fill all our positions through the match. We look at all candidates including those involved in the couple's match. Many of our matched residents come from the State of Michigan, but we have residents from all over the country.
Curriculum: What learning experiences do residents have? How many electives do residents have?	Residents have 7 electives. The programs learning experience include: a) Monthly Journal Club b) Quarterly OMM Journal Clubs offered through the State-wide Campus System. c) Every other week Family Medicine didactics-attended by the FM residents, students, and core FM faculty. d) Monthly Educational programs through the Statewide Campus System sponsored by Michigan State University College of Osteopathic Medicine (MSUCOM)

	<ul style="list-style-type: none"> e) Monthly Clinical Education- This is a four-hour didactic program in which we have specialty physicians provide an educational experience for our residents. f) Monthly Tumor Board g) Monthly Grand Rounds h) Weekly Core Competency Lecture series- this is a one-hour presentation that incorporates the AGGME required core competency training for our residents. i) Every other week NMM didactics attended by the NMM track residents along with any other residents who have interest and availability to attend.
<p>Program Staff & Structure: Who will be my preceptors?</p>	<p>All faculty are DO's. The NMM clinic is staffed by Dr. Garrett Caldwell D.O., specialty trained in NMM. The Family Medicine clinic is staffed by Dr's Jennifer Kaufman D.O., Leezanne Zeng D.O., and Garret Caldwell D.O.</p>
<p>Patient Base: What patient populations are cared for? What kind of clinical Cases are seen?</p>	<p>We see a wide array of both patients and clinical cases.</p> <ul style="list-style-type: none"> i) We have a large, underserved population. In addition to this approximately 15% of our patient population is made up of new immigrants to the United States. These patients come from all over the world including the Middle East, Southeast Asia, Bosnia, Africa, Central and South America. ii) Clinical cases are also diverse. We have a large pediatric population. In addition to this our residents manage a wide range of primary care concerns including women's health issues, diabetes, Heart disease, hypertension, psychiatric disease, autoimmune disorders, etc.
<p>Learning Opportunities: Do residents perform a lot of procedures? Are procedure workshops conducted? What procedures will I learn?</p>	<p>You will have an opportunity to learn and perform many out-patient procedures including but not limited to:</p> <ul style="list-style-type: none"> iii) Lesion Removals- shave biopsies, excisional biopsies, etc. iv) Women's health procedures – IUD placement/removal, Colposcopy, Endometrial biopsy, Nexplanon placement/removal. v) Joint injections/drainage vi) Some limited casting/splinting
<p>Affiliations: Does the program have affiliations?</p>	<p>We utilize Michigan State University Statewide Campus System for educational opportunities</p>
<p>Schedule & Travel: Where are most rotations based? What does a typical day look like for first year residents? What is the call</p>	<p>Residents rotate at Helen DeVos Children Hospital for our Peds IP and EM rotation. Some elective rotations may be taken at Spectrum Health, St. Mary's-Mercy Health and Mary Free Bed.</p>

<p>rotation? Do residents have to travel to many different locations for rotations?</p>	
<p>Evaluation: How do residents get feedback?</p>	<p>Residents are provided feedback in many different areas. These include:</p> <ol style="list-style-type: none"> 1) Monthly rotational evaluations 2) Semiannual evaluation with PD and faculty 3) Yearly 360 evaluations that include patient, Peer and staff evals. 4) Immediate feedback following procedures. 5) Quick evaluations following Didactic and Journal club presentations.
<p>Research: Is there support for research and conference attendance? Is there active/required research?</p>	<p>A requirement of graduation is that all residents participate in at least two senior projects. One of these projects must be a Quality improvement project. The second project may be another QI project or original research. You will have access the MSUCOM statewide Campus system research team as well as the University of Michigan Health-West IRB and research team. You must present at least one of your projects at the University of Michigan Health-West research day.</p>
<p>Community Activities: Are there opportunities for community involvement? How are residents involved in community health/outreach?</p>	<p>All our residents spend time at Mel Trotter which is a local shelter for homeless. In addition to this we participate in a yearly “mini medical school” which encourages elementary children from low-income families to consider medicine as a career. Several of our resident are also active in many other outreach activities that they are passionate about.</p>
<p>Support Efforts: What type of support do residents get? Health & Wellness? Burnout Prevention? Opportunities for non-work associations with other residents?</p>	<p>In addition to lectures on wellness and burnout, our residents are provided with many opportunities. We provide 24/7 access to our Employee Assistance Program. This provides life coaching, counseling, work/life resources, medical advocacy, and legal/financial resources for you and your family. We also have a resident wellness committee that meets once a month to talk about how to improve wellness, activities, etc. Outside of work, many residents from all specialties do plan activities.</p>
<p>Osteopathic Education: Does the program have osteopathic recognition? What would my osteopathic education look like?</p>	<p>Our program does have initial osteopathic recognition. Currently all Family Medicine residency positions are designated as Osteopathic Recognition.</p>
<p>OR positions/requirements: What are the programs requirements for an applicant?</p>	<p>You must be a graduate from a COM School or show:</p> <ol style="list-style-type: none"> vii) Evidence of training in osteopathic philosophy, history, terminology, and code of ethics. viii) Evidence of training in anatomy and physiology related to osteopathic medicine. ix) Evidence of training on indications, contraindications, and safety issues associated with the use of osteopathic manipulative treatment; and, x) Evidence of training in palpatory diagnosis, osteopathic structural examination, and osteopathic manipulative treatment.

	This evidence will be reviewed and approved by the residency selection committee to determine the adequacy of meeting minimum requirements.
<p>General: What are some of the program’s strengths? What kind of exposure to subspecialties do residents get? What EMR does the facility use? Are there fellowships at this location? How did the program respond to COVID-19? How has COVID-19 affected the number of cases for residents?</p>	<p>Our program strength is our residents, our staff, and our ability to prepare our residents for a future outpatient family medicine practice. We use EPIC as our EMR for both in-patient and out-patient visits. We do have a Sports Medicine Fellowship. These tracks are designed to prepare residents for a fellowship in these areas. COVID – 19 has a significant impacted on our residents. We quickly responded to the pandemic by offering virtual visits and continued to care for our patients throughout the year. Although the pandemic had a significant impact on our patient numbers, all of our residents graduating in 2020 to meet the 1,650 requirement (when counting virtual visits). Our numbers are still rebounding but we expect that future graduates will also be able to meet their patient numbers.</p>
<p>Living in West Michigan: What is it like living in Michigan?</p>	<p>It’s Awesome! It is a great place for outdoor enthusiasts with multiple parks and trails. Lake Michigan is a 30-minute drive and there are numerous winter activities. These activities include nearby skiing and a luge track (one of three in the US designed to introduce beginners to the sport). Grand Rapids is also known as “Beer City USA” with its active nightlife and wide array of breweries.</p>

Program Information: <https://uofmhealthwest.org/careers/education-residency/family-medicine-residency/>

Request an audition Rotation: <https://uofmhealthwest.org/careers/education-residency/rotations/request-a-rotation/>

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